

How to Choose a Confirmation Name

<https://www.wikihow.com/Choose-a-Confirmation-Name>

Choosing a confirmation name is an important step on the path to living a devoted, holy life in the Catholic Church. Your confirmation name, typically the name of a saint, will serve both as a reminder to your commitment to God and as your inspiration for being a steward of the church. There are many methods for choosing a saint's name, such as picking based on shared traits and skills or finding your patron saint based on your birthday. The most important thing to keep in mind, however, is that you should think deeply and pray about your confirmation name. With guidance from your family, church community, and God, you will be able to choose one that suits you best and will inspire you for years to come.

Choosing a Name Based on Shared Traits



Decide what traits are most applicable to who you are as a person. Specific virtues that your saint might exhibit include patience, perfection, humility, diligence, mortification, meekness, obedience, prayer, charity or simplicity. Consider which trait(s) correlate best with who you are.

Choose a similar saint if you are pious. Piety is learned most easily by talking about what it looks like. It is a virtue that contains elements of humility and religiosity.^[1]

- Saint Francis of Assisi was considered an incarnation of piety. His friendship with God was second nature. He listened to Scripture and to the Gospel, but was more of a man of action than he was of contemplation.^[2]
- Some saints, like Saint Hippolytus, Saint Helen, and Saint Olga, did not become saints until later in their lives. They did misdeeds but ultimately became saints through repentance and martyrdom.





Choose a saint that matches your outgoing personality.

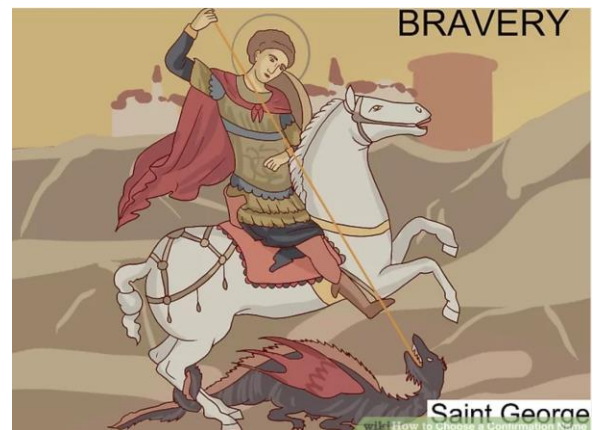
If you notice the needs of other people and speak up in support of them, pick a saint that matches that. Saints like Saint Angela Merici, Saint Teresa of Avila, and Saint Maria Goretti were saints known for being outgoing in their sainthood.^[3]

- Saint Maria Goretti was a virgin martyr, facing the decision of sin or death before the age of 12 and bravely saying that God would not want that kind of thing to happen.
- Saint Teresa of Avila was known as an active

reformer. She spent time and energy reforming herself and the Carmelites, leading them back to the full observation of primitive Rule.^[4]

Choose a saint based on bravery or courage. Having courage is how a lot of saints acquired their sainthood. If you are the kind of person that stands up for the little guy, choose someone brave to guide your spiritual journey.^[5]

- Saint George is known for being the Saint of courage and bravery, particularly for his strength during battle.
- Saint Joan of Arc is another saint known for courage and bravery.



Choosing a Name Based on Your Hopes for the Future

Find your saint by looking at the feast day of the day you were born. You can learn a lot about where you're headed by looking at where you're from. Look back to the day you were born to see if you feel connected to your birthday saint.^[6]

- Every day of the year has the feast of at least one saint. Match your birthday to the feast day of that saint.
- A great online source for looking up saint names based on their feast days is: <http://catholicsaints.info/calendar-of-saints/>

Search for a patron saint that shares your interests. For every cause, there is a patron saint who matches it. Base the Confirmation Name you choose on the interests and causes of the patron saints you have in mind.^[7]

- If you are connected to animals, you might want to name yourself after Saint Francis of Assisi who was known for being a great lover of animals.
- If you are connected to acts of selflessness, choose the name Maximilian after Saint Maximilian Kobe.

Decide what or who you aspire to be as a person. Your saint should help you to live as holy a lifestyle as possible, so choose a saint who inspires you and whom you admire. In your faith, what do you aspire to do? Let your aspirations, your prayers, and your devotion guide you in choosing.

Making Your Selection in Choosing a Name

Narrow your list down to two saints. Find a spiritual connection to the stories of the two saints you've chosen. Saint Joan of Arc, for example, is remembered for her great bravery and love for God. Saint Agnes of Rome was only twelve when she was martyred for her devotion to God and her chastity. Saint Tarcisus was a martyr of twelve, killed because he would not give up the Holy Eucharist.

Discuss your selections with a family or friend practicing Catholicism. Don't be shy to talk about your options with your parents, your sponsor, or your pastor. Discuss what has attracted you to the saints you have chosen on a spiritual level.

- Talk to your family and friends again when you've made your selection between the two names. Practice saying your Confirmation name again and again.
- Practice writing your Confirmation name as part of your name too.

Pray to the saint whose name you've chosen. When you pray, ask that the saint intervene for you, that he or she helps you make great moral choices, and ask that they be a powerful guide for you spiritually for the rest of your life.

How to Choose a Confirmation Saint Name

<https://youtu.be/ZISWTTRQDDI>